# NBCOT and State Licensure Renewal Requirements That Recognize Leadership and Volunteerism Activities

# **NBCOT Certification Renewal Requirements**

The following are listed by NBCOT as activities which fulfill PDU requirements. They are directly from:

http://www.nbcot.org/WebArticles/articlefiles/55-PDUActivityChart\_2009.pdf

- 3 **Volunteering** for an organization, population, or individual that adds to the overall development of one's practice roles.
- 5 **Mentoring** an OT colleague or other professional to improve skills of the protégé, including role as a disciplinary monitor (mentor must be currently certified).
- 12 Receiving **mentoring** from a currently certified occupational therapy practitioner or other professional in good standing to improve the skills of the protégé (must be one's primary role).
- 13 Participating in professional **study group/online study group** designed to advance knowledge through active participation.
- 18 Primary or co-presenter providing **presentation for local organization**/association/ group on practice area-related topic; e.g., energy conservation, back care and prevention of injury (one-time presentation per topic; time spent on preparation cannot be included).
- 19 Level I fieldwork direct supervision (must not be one's primary role).
- 20 Level II fieldwork direct supervision (must not be one's primary role).

<u>State Regulatory Requirements (for additional information on state OT licensure/regulatory requirements go to http://www.aota.org/Practitioners/Licensure.aspx )</u>

These are examples of state licensure or regulatory requirements that include volunteer and leadership related activities as counting toward CE/CC requirements.

# Arizona:

Presenting a program, workshop, seminar or conference of not less than 1.5 hours in duration for a maximum of 4 clock hours and submitting a brochure, agenda, or similar printed material describing:

- **a**. The content of the presentation, workshop, seminar, or conference;
- b. The date, duration, and location of the presentation conference, workshop, or seminar; and
- **c**. The name of the presenting licensee or a signed certificate or letter from the program organizer if other than the presenting licensee; or

## California:

- (3) The program or activity must be objectively measurable in terms of the hours involved. PDUs may also be obtained through any or a combination of the following:
- (1) Involvement in structured special interest or study groups with a minimum of three (3) participants. Three (3) hours of participation equals one (1) PDU.
- (2) Structured mentoring with an individual skilled in a particular area. For each 20 hours of being mentored, the practitioner will receive three (3) PDUs.

- (3) Structured mentoring of a colleague to improve his/her skills. Twenty (20) hours of mentoring equals three (3) PDUs.
- **(4)** Supervising the fieldwork of Level II occupational therapy and occupational therapy assistant students. For each 240 hours of supervision, the practitioner will receive two (2) PDUs.

#### Delaware:

**3.5.2** Professional Meetings & Activities: The maximum number of credit hours shall not exceed ten (10) hours. Approved credit includes attendance at: DOTA business meetings, AOTA business meetings, AOTA Representative Assembly meetings. NBCOT meetings, OT Licensure Board meetings, and AOTA National Round Table discussions. Credit will be given for participation as an elected or appointed member/officer on a board, committee or council in the field of health and social service related to occupational therapy.

# Georgia:

(c) General continuing education includes up to four (4) hours for each of the following activities including independent study, mentorship, Level II fieldwork supervision, published professional writing, instructional presentations, research, grants, professional meetings and related activities and up to four (4) hours can be by means of in-service educational programs, electronic or web based courses, formal self study courses, satellite broadcasts or computer learning activities.

### Idaho:

- **b.** Attending or presenting at conferences, seminars or inservice programs.
- **c.** Supervision of clinical students.
- **d.** Holding state or national office in professional organizations.
- e. Formal course work in occupational therapy related subjects.
- **f.** Presentation of occupational therapy related information to allied professional or community groups.

# Illinois:

- B). Additional CE activities
- 2). Mentorship
- a). Participation as Mentee
- i). Participation in a formalized mentorship agreement with a mentor as defined by a signed contract between the mentor and mentee that outlines specific goals and objectives and designates the plan of activities that are to be met by the mentee.
- ii). A licensee may earn contact hours spent in activities directly related to achievement of goals and objectives with a maximum of 8 contact hours per renewal period. The Department may accept formalized mentorship programs for the amount of credit recommended by the mentor, not to exceed 8 hours per renewal period.
- iii). Documentation shall include name of mentor and mentee, copy of signed contract, dates, hours spent in and focus of mentorship activities, and outcomes of mentorship agreement.
- b). Participation as Mentor
- i). Participation in a formalized mentorship agreement with a mentee as defined by a signed contract that designates the responsibilities of the mentor and specific goals and objectives that are to be met by the mentee.
- ii). A licensee may earn contact hours spent in mentorship activities as a mentor with a maximum of 8 hours per renewal period.
- iii). Documentation shall include name of mentor and mentee, copy of signed contract, dates, hours spent in and focus of mentorship activities, and outcomes of mentorship agreement.
- 8). Professional meetings and activities
- a). Participation in board or committee work with agencies or organizations in professionally related areas to promote and enhance the practice of occupational therapy.

# **Kentucky:**

- (5) Mentorship.
- (a) Credit may be earned by each participant in a formalized mentorship agreement defined by a signed contract between the mentor and mentee that outlines specific goals and objectives and designates the plan of activities for the participants.
- (6) Fieldwork supervision.
- (14) Volunteer services.
- (a) Credit may be earned by participation in volunteer services performed for organizations, populations, or individuals if the services maintain or enhance the licensee's competence in professional skills in the practice of occupational therapy.

### New Mexico:(13) Supervising level II fieldwork.

(14) **Mentoring.** Applies to an OT or OTA who has been practicing at least one year prior to entering a new area of practice only.

### **North Carolina:**

- (3) Small Group Study:
- (a) Includes review and discussion of journal articles, clinical videotapes or audiotapes by at least two licensed practitioners;
- (4) Mentorship Agreement:
- (a) Participation as a Mentee;
- (i) Participation in a formalized mentorship agreement with a mentor as defined by a signed contract between the mentor and mentee that outlines specific goals and objectives and designates the plan of activities that are to be met by the mentee. These activities must be related to the development of new occupational therapy skills outside current required job performance;
- (b) Participation as Mentor:
- (i) Participation in a formalized mentorship agreement with a mentee as defined by a signed contract between the mentor and mentee that designates the responsibilities of the mentor and specific goals and objectives that are to be met by the mentee. These activities must be related to the development of new occupational therapy skills for the mentee that are outside current required job performance;
- (5) Fieldwork Supervision:
- (a) Participation as the primary clinical fieldwork educator for Level I or Level II OT or OTA fieldwork students;

### Oklahoma:

- (5) Alternative methods of points:
- (A) Presentations of occupational therapy programs
- (i) Presentations at workshops, seminars, conferences
- (ii) Presentations as guest lecturer at accredited occupational therapy curriculum
- (iii) Presentations as guest lecturer at other programs on topics related to occupational therapy department inservices

# Oregon:

(17) Professional leadership on a Board or Commission relating to OT—Volunteer services to organizations, populations, and individuals that advance the reliance on and use of one's occupational therapy skills and experiences to the volunteer setting or experience: 10 hours equal two points. Up to four points a year with documentation.

# **Tennessee:**

Volunteer Services to organizations, populations, individuals, that advance the reliance on the use of one's OT skills and experiences. This excludes holding any elected or appointed offices. 5 Hours Equals 1 Credit, MAX 12 Credits. Verification letter from organizations must describe outcomes of volunteer service provided. (See guidelines on the Board's web page at <a href="www.Tennessee.gov/health">www.Tennessee.gov/health</a>)

## **Vermont:**

4) Mentorship, which includes participation as a mentor or mentee in a formalized mentorship agreement as defined by a signed contract between the mentor and the mentee that outlines specific goals and objectives and designates the plan of activities that are to be met by the mentee and designates the responsibilities of the mentor. This activity may qualify for credit for one renewal cycle only.