## Value-creation story template

Note that the story does not need to start at 1, or go all the way to 5.

Name: Tammy Dale, OTD, OTR/L						
	pical cycles	Your story:				
1.	Activity: Describe a meaningful activity you participated in and your experience of it (e.g., a conversation, a working session, a project, etc.)	Participating in two monthly CoP phone calls. It is an opportunity to collaborate with other professionals and to learn from them and their stories as we work together on behalf of the profession.				
2.	Output: Describe a specific resource this activity produced for you (e.g., an idea or a document) and why you thought it might be useful. Application:	I have a greater knowledge of AOTA resources and where to find them. I also have access to some very accomplished practitioners and educators in the field. Both of these resources are invaluable as I pursue my personal and professional goals. AOTA resources are used to support, educate and				
5.	Application:Tell how you used this resource inyour practice and what it enabledthat would not have happenedotherwise.	advocate for the profession and to support and influence practice and policy at the district and state levels.				
3.	Outcome:a.Personal: Explain how it affected your success (e.g., being a better professional, job satisfaction)b.Organizational: Has your participation contributed to the success of your organization (e.g., metrics they use)?	<ul><li>Personal: More confidence in meetings when explaining the current shift in practice to parents, peers, educators.</li><li>Organizational: I use these resources to collaborate, develop trainings and tips, and be a state resource to practitioners in the field.</li></ul>				
4.	New definition of success: Sometimes, such a story changes your understanding of how success can be defined. If that occurred this time, then include it here.	Through these meeting, I have learned that all states are different (some more advanced than others) in their journeys towards aligning services with AOTA, best practices, and state and federal laws. Through hearing others stories, I understand that change happens slowly and thoughtfully. Small changes can often yield big results over timemy new definition of success.				

Name:	How participation is changing <u>me as an</u> <u>occupational</u> <u>therapy</u> <u>practitioner</u> (e.g., skills, attitude, identity, self- confidence, feelings, etc.)	How participation is affecting <u>my social</u> <u>connections</u> (e.g., number of networks, quality, frequency, emotions, etc.)	How participation is helping <u>my</u> <u>professional</u> <u>practice</u> (e.g., ideas, insights, lesson material, procedures, knowledge, etc.)	How participation is changing <b>my</b> <b>ability to influence</b> my world as a professional (voice, contribution, status, recognition, etc.)
Reasons for participation (e.g., challenges, aspirations, professional development goals, meeting people, etc.) +/-	More self- confidence, gaining a voice, and I value the opportunity to give back to the profession	Definitely expanded my social network (personal & professional). I really enjoy seeing and spending time with these people especially at the annual and specialty conferences.	I am further developing my skills around leadership, publication, presentations, advocacy, policy, ethics and legal standards.	I am learning how to be an agent of change.
Activities, outputs, events, networking (e.g., resources, discussion, visits, etc.) +/-	Through these committees, I am afforded opportunities to collaborate and contribute to deliverables that support the OT profession.			
Value to me (e.g., being a better professional, handling difficult situations, improving organizational performance, etc.) +/-	+Increasing my value to an organization by honing skills around team building, fostering team- work, and appreciating different skills sets. Personal and professional benefits.	-Time consuming		

## Personal value narrative: Occupational therapy practitioner

**Note:** +/- Indicates that you can provide positive / negative experiences

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