

Examination Content Outline

1	Health Conditions and Considerations	17%
A	Medical Conditions and Disease Progression as they relate to the Aging Population	8%
1	Cardiopulmonary and Cardiovascular Conditions	
2	Mental/Behavioral Health Conditions	
3	Integumentary Conditions (Skin)	
4	Neurocognitive and Neurodegenerative Disorders (e.g., Dementia, Parkinson's)	
5	Neurological Conditions (e.g., CVA)	
6	Oncological Conditions	
7	Orthopedic Conditions	
8	Autoimmune Disorders (e.g., Rheumatic Conditions)	
9	Sensory Systems and Conditions (e.g., Low Vision, Hearing Loss)	
B	Geriatric Syndromes and Considerations	9%
1	Changes in Body Structures and Body Functions as it relates to Age	
2	Comorbidities and/or Multisystem Interactions	
3	Delirium	
4	Frailty and/or Decrease in Functional Reserve	
5	Incontinence	
6	Other Medically Related Conditions, including Polytrauma/Acquired Injury Conditions	
7	Polypharmacy and Adverse Drug Events	
2	Evaluation, Assessment, and Clinical Considerations	27%
A	Assessment/Evaluation for the Aging Population based on Areas of Occupation	8%
1	Standardized/Norm-Referenced/Criterion-Referenced Assessments and Interviews	
2	Non-Standardized/Alternative Assessments including Clinical Observations and Interviews	
3	Occupational Profile	
4	Occupational and Activity Analysis	
B	Assessment of Age-based Client Considerations including Barriers and Facilitators	19%
1	Performance Skills (e.g., Emotional Regulation, Motor/Praxis, Sensory, Perceptual, Visual Processing, Cognitive, Communication and Social Skills)	
2	Performance Patterns (e.g., Habits, Routines, Rituals, Roles)	
3	Environmental Settings (e.g., Home, Community, Clinic, Virtual)	
4	Context Considerations (e.g., Cultural, Spiritual, Values, Resources for Diversity, Equity, Inclusion, and Justice)	
5	Social Determinants of Health (e.g., Socio-Economic Status, Resources, Nutrition)	



6	Caregivers/Family Factors/Social Network and Input	
7	Social Isolation and Vulnerabilities	
8	Polypharmacy, Drug Interactions, and Medication Management	
9	Abuse, Self-Neglect, Neglect, and Exploitation	
10	Activity Tolerance	
3	Individual, Group, and/or Population-Level Intervention and Planning	39%
A	Service Delivery	15%
1	Client-centered/Client-driven Goals and Outcomes	
2	Plan of Care, including Frequency, Duration, and Location	
3	Monitor Goals and Progress, Data Collection, Notes, and Reporting	
4	Discharge Planning and Discontinuation	
5	Transitions to Different Services or Settings	
6	Care Coordination and Collaboration	
7	Therapeutic Use of Self	
8	Education, Training, and Support for Involved Parties (e.g., Caregivers, Social Workers, Care Staff)	
9	Group Facilitation Techniques and Considerations for Aging Population	
10	Frames of Reference to achieve Diverse Outcomes (e.g., Occupational Justice, Wellness, and Prevention)	
B	Occupation and Activity-based Interventions	14%
1	Health Management (e.g., Medication Management, Self-Management)	
2	Activities of Daily Living (ADL) (e.g., Sexual Activity, Dysphagia)	
3	Instrumental Activities of Daily Living (IADLS) (e.g., Care of Others, Spiritual, Community Mobility, Emergency Preparedness)	
4	Leisure, Play, and Social Participation	
5	Work, Education, and Volunteer	
6	Sleep and Rest	
C	Methods and Tasks to Facilitate Occupations	10%
1	Physical Agent Modalities (PAMS) and Mechanical Modalities	
2	Orthotics and Prosthetics	
3	Assistive Technology (AT) and Durable Medical Equipment (DME)	
4	Wheeled Mobility, Seating, and Positioning	
5	Environmental Modifications and Interventions	
6	Self-Regulation (including Sensory and/or Emotional Interventions and Modifications)	
7	Pain Management	
8	Falls Prevention	
9	Energy Management and Conservation	
10	Therapeutic Exercise	



4	Professional Responsibilities	17%
A	Communication and Collaboration	12%
1	Client Documentation/Reports (e.g., Evaluation, Progress, Discharge)	
2	Communication Techniques Based on the Varied Needs and Preferences of Diverse Audiences	
3	Interprofessional/Interdisciplinary Care	
4	Considerations Related to Reimbursement or Funding through Third-Parties (e.g., Insurance Companies, Grant Writing)	
5	Referrals and Requests for Service	
6	Mentee/Mentorship and Supervisor Roles and Relationships	
7	Advocacy (e.g., Clients and Profession) including Recommendations/Letters of Justification/Medical Necessity/Appeals	
8	Program Evaluation and Quality Improvement	
B	Legal Considerations and Ethics	5%
1	Professional Ethics and Responsibilities	
2	Practice and Population-specific Laws and Regulations (e.g., ADA, APS)	
3	Best Practices (e.g., Evidence-based, Research, Models)	

