

# Occupational Therapy Services for **Babies and Toddlers**



Babies and toddlers receive occupational therapy services to help them with learning and development. Occupational therapy services are provided to young children and their families in homes, childcare centers, and preschools.

**Occupational therapy practitioners work with babies, toddlers, and their caregivers to help them:**

- Play and explore
- Develop nap and bedtime routines
- Learn how to eat new foods
- Develop thinking and movement skills
- Communicate with caregivers and other children
- Learn when and how to use the toilet
- Go to the store and other community places with caregivers
- Use assistive technology and mobility devices
- Transition to school

## What You Can Do



**Ask yourself if your baby or toddler needs help with any of the skills listed here**



**Ask your child's pediatrician for occupational therapy services**