# **HOT Evidence**

#### Interventions to Support Participation for Autistic Adults at Work

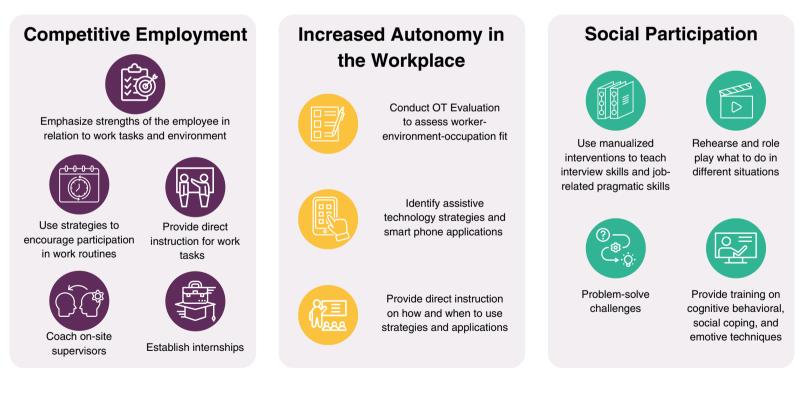
### **Why This Matters**

- Autistic adults may experience difficulty finding employment or experience working in jobs that do not fully utilize their skills and abilities.
- Poor employment options are associated with lower socioeconomic status and overall decreased job satisfaction or quality of life.
- Occupational therapy practitioners collaborate with autistic adults to provide interventions that promote vocational skills and participation at work.

Note: Identity-first language (e.g., "autistic adult") is used in this resource, as it is favored by many autistic communities and self-advocates. Practitioners should collaborate with clients and families and use language that is reflective of their preferences.

#### **Improving Outcomes at Work**

#### **Evidence-Based Interventions**



## **Find the Evidence:**

Visit AJOT Volume 77, Issue Supplement 1 to read the Systematic Review Brief on this topic

