

# HOT Evidence

Adults With Multiple Sclerosis, Work and Social Participation

## Why This Matters

Approximately 1 million Americans and **2.5 million people worldwide** are affected by multiple sclerosis (MS).

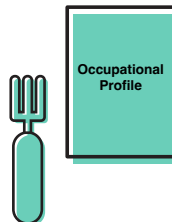
Occupational therapy practitioners play an important role in helping adults with MS in the areas of **education, work, volunteering, leisure, and social participation.**

## Improving Work & Social Participation

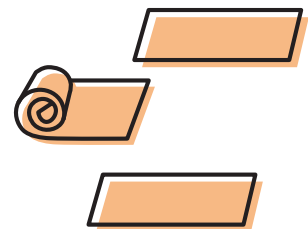
Evidence-Based Interventions



Online work-related training modules, including interactive components



Individualized, goal-oriented interdisciplinary rehabilitation



Group yoga exercises

## Find the Evidence

Visit [www.ota.org](http://www.ota.org) to review this Critically Appraised Topic Paper  
***OT Interventions Addressing Work and Social Participation for Adults With Multiple Sclerosis.***